

Rhythmic Movement Training

RMTi Foundation Series Level 3 for Reading & Writing

Instructor: Jenni Halstead

Olathe, Kansas
Well Wilderness Kids
June 30 & July 1, 2023
8:30 a.m. to 5:00 p.m.

What is Rhythmic Movement Training (RMT)?

RMT courses involve assessment of reflexes and using movements and other reflex integration techniques to promote optimal neural development. Many people with challenges such as ADD/ADHD; Sensory Processing Disorders; Autism; Speech and Language Delays; Dyslexia; PTSD; Traumatic Brain Injury (TBI); Cerebral Palsy; Developmental Delays; Depression; Anxiety; etc. have reported positive changes after following an RMT program. RMT can be used as a stand-alone modality or can be easily incorporated into using with other practices and techniques.

RMTi Three for Reading and Writing

Accredited Hours: 14 hours (1.4 credit units)

Dates: June 30 & July 1, 2023

Prerequisite: RMTi 1 & 2

In this 2-day course, learn how reading and writing ability is affected by retained reflexes that may cause various problems with visual motor, tracking and perceptual skills, fine motor integration, auditory processing and speech and language production.

Topics include:

- Relationship of retained reflexes to reading and writing challenges, how the neural patterns for reading are established and techniques to facilitate proper development of these patterns
- Assessing for retained reflexes including the Asymmetrical Tonic Neck, Head Righting, Hands Pulling, Hand-Mouth Babkin, and Palmar Grasp Reflexes. Techniques for integrating these reflexes
- Increase knowledge of the Moro, Tonic Labyrinthine and Symmetrical Tonic Neck Reflexes and how they relate to reading and writing. Advanced techniques for assessing and integrating these reflexes.
- Learn how visual and auditory foundations are established through infant movement
- Practice adding visual input to foundational RMT movements and utilizing isometric techniques to promote reflex integration

Teaching Methods include a mixture of theory as well as practical and experiential applications, presented through a combination of PowerPoints, videos, demonstrations, discussions and practice sessions.

RMTi Courses are suitable for:

Occupational therapists; Physical therapists; Speech therapists; parents; social workers; family and mental health therapists; developmental optometrists; and Vision therapists; yoga therapists; classroom teachers; special educators; nursery and pre-school teachers; school counselors; healthcare providers; massage therapists, trauma specialists and caregivers; Kinesiologists; Alexander practitioners; Feldenkrais practitioners; Brain Gym instructors; neuro-developmental practitioners; osteopaths; Chiropractors

About Your Instructor



Jenni Halstead has worked in Occupational Therapy as a COTA/L for the past 26 years. She is the academic fieldwork coordinator in the Washburn University occupational therapy assistant program. She specializes in reflex integration and is a Licensed Rhythmic Movement Training International Instructor and Consultant. Jenni has used RMT extensively to assist children with improving and overcoming problems associated with ADHD, ADD, sensory disturbances, Autism, Dyslexia and reading deficits, visual and perceptual disturbances, behavioral and conduct disturbances, bowel and bladder concerns and Downs Syndrome. She has used RMT with adults who struggle with PTSD, sleep disturbances, bladder dysfunctions,

2 day RMTi Level 3 Registration:

Early Bird Pricing \$435 (Must Register and pay in full by June 18th)

Regular Pricing \$495 (After June 18, 2023) (contact instructor to secure seat)

Repeat Course \$250 **Repeat Courses are 1/2 price, must bring own manual.

Online Registration:

Send check & registration form to:

Jenni Halstead 7327 Country Road Riley KS 66531

CANCELLATION POLICY: We reserve the right to cancel any course due to insufficient registration or extenuating circumstance. Please do not make nonrefundable travel arrangements until you have called us & received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

REFUND POLICY: A full refund less \$100 dollars administrative fee per course will be given for cancellations received up to 15 days prior to the course. After that no refunds will be given for cancellations.



Email:

jenni@brainandbodyconnections.com

Phone:

785-564-3705

Websites:

www.brainandbodyconnections.com

For more information about RMTi, policies, agendas & objectives etc.

www.rhythmicmovement.org



Mail in Registration Form

Name: _____ **Title:** _____

Email: _____ **Phone:** _____

Address: _____ **City:** _____

State: _____ **Zip:** _____

Payment Enclosed (check payment only):

_____ \$100 Deposit only (non-refundable unless class is cancelled by instructor)

_____ \$435 Early Bird price (full amount must be received due before Early Bird deadline to qualify for discount)

_____ \$495 Regular price (after early bird deadline)

_____ \$250 Course Repeat, please bring your manuals

Please make checks payable to Jenni Halstead and mail to: Jenni Halstead 7327 Country Road Riley KS 66531