

# Challenges from retained STNR

- Poor posture
- Leans over when writing
- Preference to knee sit
- Sit in W-position
- Wrap legs around chair when sitting
- Weak upper arms
- Difficulty doing somersaults
- Difficulty doing Breaststroke
- Challenges with near and far vision
- Difficulties with ball games
- Difficulties with binocular vision
- Poor hand eye coordination
- Headaches
- Difficulty with reading/writing
- Difficulty sitting still
- Difficulty copying
- Poor focus